

Mental Health Crew

Rain City Rock Camp Summer 2021

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Position Overview:

Our Mental Health Crew volunteers provide support, conflict-resolution, and crisis management for campers ages 8-17, as well as support for staff and volunteers throughout the week of camp. Adjusting to a new environment, learning a new instrument, and collaborating with a new band can be overwhelming at times. Mental Health Crew members are in place to provide a safe and supportive environment for campers and volunteers who are adjusting to the potential challenges involved with these activities. Our "fun" work at camp is also a vehicle for dismantling systems of oppression on an intra- and inter-personal level. This can bring up conflict and sometimes can trigger past traumas. Mental Health Crew members help us to create a space of emotional support at camp, but they do not provide ongoing therapy for our campers and volunteers outside of camp.

Mental Health Crew (MHC) members may be called to work one-on-one with a youth or volunteer who is in need of counseling, or to work with a band as they navigate interpersonal dynamics. In addition, MHC members will monitor the group chat in Zoom to provide additional support. MHC volunteers, under the supervision of the MHC Lead and Program Manager, will be expected to follow Rain City Rock Camp's policies and guidelines for healthy boundaries, conflict resolution, and confidentiality.

The schedule for this position is flexible.

Female ([cis](#) or trans), trans, or gender non-conforming folks are welcome to apply for this position.

Required Qualifications:

- Academic and/or professional training to competently address social/emotional, personal, and behavioral challenges facing youth and adults
- Has strong background in conflict resolution, crisis management, and trauma-informed care, especially with youth

Preferred Qualifications:

- Experience with or interest in working closely with young people ages 8-17 in a counseling capacity
- Experience with or interest in working closely with youth who may be neurodiverse, including having ADHD or being on the autism spectrum
- Is a strong problem solver who is able to keep calm while being pulled in multiple directions
- Knowledge of or interest in learning more about social justice issues impacting girls, women, and gender-diverse individuals, especially relating to the music industry
- Creativity, patience, and willingness to approach each situation with a growth mindset

Required Commitment:

Complete the Summer Camp Volunteer Application	Deadline: Monday, May 31st
Complete a phone or Zoom interview *New volunteers only.	on Tuesday, June 1st or Wednesday, June 2nd
Attend either Returning Training or New Volunteer Training	New: Tuesday, June 22nd Returning: Wednesday, June 23rd
Attend Tech Training	Wednesday, June 30th
Attend Role-Specific Training	Wednesday, July 7th
Complete all required training materials assigned by your MHC Lead	As needed
Attend either Session 1, Session 2, or both	Session 1: July 12th-17th Session 2: July 19th-24th

A Returning volunteer is any applicant who has participated in at least one session of Summer Camp. A New volunteer is an applicant who has never participated in a volunteer capacity with Rain City Rock Camp.

Benefits:

- Join a supportive and engaged community of friendly peers working towards a common goal
- Build mentor relationships with girls and gender-diverse campers as they embark on this week-long journey to form a band, write an original song, and perform at the showcase
- Access to free training & professional development resources year-round on topics including approaches to trauma-informed care, perspectives on youth development, and tips for supporting gender-marginalized musicians
- Access to leadership and further volunteer opportunities within RCRC such as service on the Board of Directors and subcommittees, long-term and/or highly skilled volunteer roles
- Access to free gear loans from Rain City Rock Camp, including basses, guitars, keyboards, drum kits, microphones, PAs, cords & cables, and more!
- Power Up Pack of camp supplies including t-shirt with this year's theme logo, craft supplies, training materials, and other fun goodies for your time at camp
- Free entry to the best show in town, Saturday's virtual showcase of camper talent!

Still have questions? Read our [FAQ page](#) or email programsupport@raincityrockcamp.org