

# ***Mental Health Crew***

***Rain City Rock Camp Summer 2022***



## **Position Overview:**

Our Mental Health Crew volunteers provide support, conflict-resolution, and crisis management for campers ages 8-17, as well as support for staff and volunteers throughout the week of camp. Adjusting to a new environment, learning a new instrument, and collaborating with a new band can be overwhelming at times. Mental Health Crew members are in place to provide a safe and supportive environment for campers and volunteers who are adjusting to the potential challenges involved with these activities. Our "fun" work at camp is also a vehicle for dismantling systems of oppression on an intra- and inter-personal level. This can bring up conflict and sometimes can trigger past traumas. Mental Health crew members help us to create a space of emotional support at camp, but they do not provide ongoing therapy for our campers and volunteers outside of camp.

Mental Health Crew (MHC) members may be called to work one-on-one with a youth or volunteer who is in need of counseling, or to work with a band as they navigate interpersonal dynamics. MHC volunteers, under the supervision of the MHC Lead and Program Manager, will be expected to follow Rain City Rock Camp's policies and guidelines for healthy boundaries, conflict resolution, and confidentiality.

All adults of marginalized genders are welcome to apply for this position.

## **Required Qualifications:**

- Academic and/or professional training to competently address social/emotional, personal, and behavioral challenges facing youth and adults
- Has strong background in conflict resolution, crisis management, and trauma-informed care, especially with youth

## **Preferred Qualifications:**

- Experience with or interest in working closely with young people ages 8-17 in a counseling capacity
- Experience with or interest in working closely with youth who may be neurodiverse
- Is a strong problem solver who is able to keep calm while being pulled in multiple directions
- Knowledge of or interest in learning more about social justice issues impacting youth and adults of marginalized genders, especially relating to the music industry
- Creativity, patience, and willingness to approach each situation with a growth mindset

**Required Commitment:**

Complete the <a href="#">Summer Camp Volunteer Application</a>	by <b>Tuesday, May 31st</b>
Complete an interview via Zoom *New volunteers only.	on <b>Wednesday, June 1st</b> or <b>Thursday, June 2nd</b>
Attend Camp Counselor/Mental Health Crew/Front Desk Training	on <b>Wednesday, June 22nd</b>
Attend All-Volunteer Training	<b>Saturday, July 9th</b>
Complete all required training materials assigned by your Mental Health Lead	<b>As needed</b>
Attend either Session 1, Session 2, or both	Session 1: <b>July 18th-23rd</b> Session 2: <b>July 25th-30th</b>

\*A Returning volunteer is any applicant who has participated in at least one session of Summer Camp. A New volunteer is an applicant who has never participated in a volunteer capacity with Rain City Rock Camp.\*

**Benefits:**

- Join a supportive and engaged community of friendly peers working towards a common goal
- Build mentor relationships with youth of marginalized genders as they embark on this week-long journey to form a band, write an original song, and perform at the showcase
- Access to free training & professional development resources year-round on topics including approaches to trauma-informed care, perspectives on youth development, and tips for supporting gender-marginalized musicians
- Access to leadership and further volunteer opportunities within RCRC such as service on the Board of Directors and subcommittees, long-term and/or highly skilled volunteer roles, and more!
- Access to free gear loans from Rain City Rock Camp, including basses, guitars, keyboards, drum kits, microphones, PAs, cords & cables, and more!
- Free T-shirt with this year's theme logo
- Snacks, meals, and coffee served at all trainings and daily during camp
- Free entry to the best show in town, the camp showcase at the Crocodile Cafe in Belltown

Still have questions? Email [programsupport@raincityrockcamp.org](mailto:programsupport@raincityrockcamp.org)